



Pediatric Health Care Alliance, P.A.

Monitoring Your Child's Attention Deficit Disorder

Effective 2/26/08 for prescription refills related to the treatment of ADD or ADHD

In order to effectively monitor your child's condition and maximize his or her medical therapy, we require yearly physical examinations, as well as intermittent office visits to evaluate progress. The frequency of these visits depends on the diagnosis, as well as on the prescribed medication. In addition, certain medications also require monitoring of lab work.

In accordance with insurance guidelines and current quality standards, Pediatric Health Care Alliance requires medication-monitoring office visits **every three months** for patients who are prescribed controlled substances. One of these visits may be combined with a complete physical each year. Patients requiring frequent prescription adjustments may need to be seen more often.

We appreciate your cooperation with this policy. If you have any questions or concerns, please let us know.

Patient Name: _____

Next physical due: _____

Next medication check due: _____

Parent Signature: _____

Please complete NICHQ Vanderbilt Parent and Teacher Follow-Up forms prior to next visit, available on www.PediAlliance.com (click on "Patient Forms" then click on "Appointment Forms")



Your Child's Medical Home