



New Requirement for Student-Athletes

We want you to be aware of The Second Chance Act and how your child may be affected if they are a student-athlete. The act brings in a new requirement in the state of Florida for high school student-athletes to get at least **one** ECG (also known as an EKG) in their high school sports career. The test, which is painless and only takes a few minutes to complete, detects heart conditions which can cause sudden cardiac arrest and death.

For the school year 2026/2027, all **incoming** freshman athletes will need to comply with this new requirement, as well as any upper grade student who is playing a sport in high school for the first time.

School districts are mandated under the new law to provide low-cost EKGs to all student-athletes in grades 9-12, and families can opt out for religious or medical reasons, or if their school does not provide an EKG at \$50 or less.

Please be aware that an abnormal ECG will require further clearance by a pediatric cardiologist. Keep in mind that an abnormal ECG does not necessarily mean that your child has a heart condition but rather could have a false positive result.

To help families be proactive in getting ECGs done for their children, we have provided information on how to obtain an ECG rather than wait on the school district process. Below are facilities that will do an ECG and have it read by a Pediatric Cardiologist.

Options	Details	Contact/Website
Who We Play For	Provides clinics throughout Tampa Bay. You may register for an ECG through their website.	
BayCare Pediatric Cardiology	There are multiple locations available. No referral required.	Call 877-537-4787
AdventHealth Pediatric Cardiology	No referral required.	
Johns Hopkins All Children's Hospital Screening	Families can schedule a \$25 ECG/EKG with a "Sports Screening" pediatrician referral. Walk-ins also available at a Tampa urgent care center.	
Important last step: Once your ECG is complete and is read as normal, you must then fill in the FHSAA Form EL3 (QR code link on the right) as part of sports clearance. Please note that a physician does not need to sign the form, you simply attach your result and fill in Part A.		

We hope that this information is helpful. Also, don't forget to schedule your physical at your Pediatric Health Care Alliance office to be ready for the upcoming school year sport participation.

Your Medical Home Team at
Pediatric Health Care Alliance, P.A.
Your Child's Medical Home™